



BE **SMART** ABOUT A SAFER RETURN TO TRAINING CLUBS



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CLUBS SHOULD TAKE A **SENSIBLE** APPROACH WHEN PREPARING THEIR TRAINING VENUES
- Ensure signage is erected in the appropriate locations and adhere to the protocol

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CLUBS SHOULD **MANAGE** THE EXPECTATIONS OF THEIR COACHES & PLAYERS
- Clubs should manage a return to training, taking a phased approach with teams

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CLUBS SHOULD BE **AWARE** OF ANY AND ALL UPDATES FROM THE FAI AND GOVERNMENT
- Club Committees need to be aware that updates and changes to protocol may be issued

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CLUBS SHOULD **RESPECT** THE DECISION OF THOSE NOT READY TO RETURN TO TRAINING
- For many, a return to training will not be possible due to health or other reasons

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CLUBS SHOULD **TRACK** HOW THE PROTOCOLS ARE WORKING AT THEIR TRAINING VENUES
- Ensure good communication within the club so recommendations can be taken on board



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COMPLIANCE OFFICERS

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COMPLIANCE OFFICERS WILL NEED TO HELP **STRUCTURE** THE CLUB'S APPROACH

- Planning a steady return to training will help with the introduction of the Protocol

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CLUB **MEETINGS** SHOULD BE ARRANGED IN CONJUNCTION WITH THE COMPLIANCE OFFICERS

- Meetings will be important for clubs as preparations continue for a safer return to training

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COMPLIANCE OFFICERS SHOULD **ACTION** ANY UPDATES TO FAI PROTOCOL

- Changes and updates to the current Protocol may be issued in the future

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COMPLIANCE OFFICERS SHOULD **RELAY** INFORMATION TO PLAYERS, COACHES & OTHERS

- The FAI will provide updated Protocol resources online at FAI.ie

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TEAMWORK IS AS IMPORTANT OFF THE PITCH AS IT IS ON IT DURING THE COVID-19 PANDEMIC

- It is important for all club members to fully support their Compliance Officers at this time



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COACHES

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COACHES SHOULD **START** BY FAMILIARISING THEMSELVES WITH THE PROTOCOL
- The FAI Safer Return To Training Protocol can be viewed and downloaded from FAI.ie

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COACHES MUST **MAINTAIN** A REGULARLY UPDATED LIST OF THOSE ATTENDING TRAINING
- Attendance lists must be provided to the relevant Compliance Officer in the club

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COACHES SHOULD **ARRIVE** TO TRAINING IN THEIR GEAR AND READY TO BEGIN THE SESSION
- The layout of training venues may have changed following the new Protocol

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IT'S IMPORTANT COACHES **REVIEW** THEIR TRAINING SESSIONS ON A REGULAR BASIS
- Updates and changes to the Protocol may be made in the future at FAI.ie

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COACHES SHOULD ENSURE THE **TRAINING** AREA AND THE SIZE OF GROUPS ARE CORRECT
- Size of groups and training areas is outlined in the FAI Safer Return To Training Protocol



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PARENTS/GUARDIANS

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PARENTS/GUARDIANS SHOULD **SUPPORT** CLUB GUIDELINES AND OFFICERS

- We are in this together and your club will need your help with implementing the protocol

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PARENTS/GUARDIANS SHOULD **MAINTAIN** SOCIAL DISTANCING AT ALL TIMES AT VENUE

- Follow all guidelines from your club around access to and attendance at the venue

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PARENTS/GUARDIANS ARE NOT PERMITTED TO ENTER TRAINING **AREA**

- Only coaches and players are allowed onto the training area as per government guidelines

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PARENTS/GUARDIANS SHOULD **REMEMBER** TO FOLLOW EQUIPMENT GUIDELINES

- All players must bring their own hand sanitiser and labelled water bottles to training

T

PARENTS/GUARDIANS OF YOUNGER PLAYERS SHOULD **TALK** TO THEM ABOUT THE CHANGES

- Study the protocol at FAI.ie and discuss with players ahead of return to training



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UNDERAGE PLAYERS

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PLAYERS SHOULD TAKE A **SENSIBLE** APPROACH WHEN RETURNING TO TRAIN

- Please follow the advice from your coach whose programme will ease you back to training

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PLAYERS SHOULD REMEMBER THERE ARE NO **MATCHES** OF ANY SORT PERMITTED YET

- Friendly matches and competitive football are off the agenda until further notice

A

PLAYERS SHOULD BE **AWARE** THAT TRAINING FORMATS WILL BE DIFFERENT

- You are not training yet for match football so have fun and enjoy the sessions

R

PLAYERS SHOULD BE **READY** TO BEGIN TRAINING WHEN THEY ARRIVE AT THE VENUE

- Changing facilities will not be available so turn up ready to train with your team

T

PLAYERS SHOULD **TREAT** EACH SESSION AS A CHANCE TO HAVE FUN WITH THEIR FRIENDS

- We've all waited to get back to football so let's enjoy this Safer Return To Training



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ADULT PLAYERS

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PLAYERS SHOULD **SUPPORT** CLUB MANAGEMENT COMMITTEES AND COMPLIANCE OFFICERS
- Guidelines are there for the health and safety of all concerned and must be adhered to

M

PLAYERS SHOULD **MONITOR** ANY UPDATES TO THE SAFER RETURN TO TRAINING PROTOCOL
- The Protocol will be regularly updated as per Government guidelines at FAI.ie

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PLAYERS SHOULD **ARRIVE** READY TO TRAIN AS CHANGING ROOMS WILL NOT BE AVAILABLE
- You must be toggged out and ready to train from the minute you arrive at the venue

R

PLAYERS SHOULD **RETURN** TO TRAINING GRADUALLY AND INCREASE INTENSITY SLOWLY
- Your coaches will devise a phased programme to ease you back into training

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PLAYERS SHOULD **TRAVEL** IN LINE WITH THE SAFER RETURN TO TRAINING PROTOCOL
- Follow club and FAI guidelines with regard to arrival and egress from training venue